

**Benchmark Title****NUTRITIONIST****Job Summary**

Assesses the nutritional status of clients. Coordinates nutrition care plans, and plans and implements food supplements and vitamin supplement programs. Provides nutritional advice and education to individuals and groups.

**Key Duties and Responsibilities**

1. Assesses and monitors clients' nutritional status and identifies risks through interviews, review of records and consultation with other caregivers. Participates in case conferences and coordinates nutrition care plans.
2. Counsels and educates individuals and groups such as women with high-risk pregnancies, new mothers and transition house residents. Makes home visits as appropriate.
3. Plans and implements food supplement and vitamin supplement programs.
4. Initiates client contact in the community. Assists clients in accessing community resources and refers clients to other community services and professionals as necessary.
5. Ensures that menus and recipes meet nutritional standards and the needs of clients.
6. Provides advice and guidance to staff and other caregivers related to clients' nutritional needs and status. Liaises with external agencies and professionals who work with clients to coordinate service delivery.
7. Maintains related records and produces reports as required.
8. Maintains current knowledge on literature and research in the field. Provides up to date best practice information.
9. Performs other related duties as required.

**Qualifications***Education and Knowledge*

Bachelor's degree in Dietetics or a related field and registration with the BC Dietitians and Nutritionists Association.

*Training and Experience*

Two (2) years recent related experience, plus one (1) year internship required for registration with the BC Dietitians and Nutritionists Association.

Or an equivalent combination of education, training and experience.

# COMMUNITY SOCIAL SERVICES JOB EVALUATION PLAN RATING RATIONALE

**BENCHMARK TITLE: Nutritionist**

FACTOR	REASON FOR CLASSIFICATION	DEGREE	POINTS
1	Education and Knowledge – Requires a Bachelor's degree in Dietetics or a related field, plus registration with the British Columbia Dietitians' and Nutritionists' Association	6	113
2	Training and Experience – Requires 1 year internship plus 2 years recent related experience	5	125
3	Physical Demands – Often keyboards and writes reports	2	14
4	Concentration – Often listens to clients to interpret clients' nutritional status; often requires a very high degree of mental demands to define problems and develop nutrition care plans	6	50
5	Independence – Work is guided by dietetics standards; applies accepted techniques in different ways to plan, develop and evaluate nutrition care plans for clients	5	71
6	Judgement – Judgement required to modify treatment approaches based on assessments and consultations; plans and coordinates care plans	6	86
7	Leadership/Supervision – Provides advice and guidance to staff and other caregivers related to clients' nutritional needs and status	4	80
8	Accountability – Work performed and decisions made have direct impact on final service provided; work is evaluated for compliance with technical standards	5	71
9	Communication – Provides nutrition counselling and education to clients	4	57
10	Care of Individuals – Work involves identifying client risks and assessing their nutritional status; plans and implements nutrition care plans	4	40
11	Environment/Working Conditions – Sometimes exposed to moderately undesirable working conditions in the form of unpleasant dealings with clients who may be uncooperative	4	33
<b>Total Points</b>			<b>740</b>